

PATTERN DIVISIONS

Juniors

All junior pattern divisions as follows.

Yellow	(9 th Kup to 7 th Kup)
Green	(6 th Kup to 5 th Kup)
Blue	(4 th Kup to 3 rd Kup)
Red	(2 nd Kup to 1 st Kup)
Black	(All grades together)

Boys and Girls in separate divisions

Cadets

Cadet pattern divisions as follows.

Yellow & Green	(9 th Kup to 5 th Kup)
Blue & Red	(4 th Kup to 1 st Kup)
Black	(All Dan Grades together)

Males and female in separate divisions.

Adults

All adults pattern divisions as follows.

Yellow	(9 th Kup to 7 th Kup)
Green	(6 th Kup to 5 th Kup)
Blue	(4 th Kup to 3 rd Kup)
Red	(2 nd Kup to 1 st Kup)
Black (1 & 2)	(1 st Dan to 2 nd Dan)
Black (3+)	(3 rd Dan and above)

Male & Female in separate divisions

THERE WILL BE NO SEPARATE EXECUTIVE PATTERN DIVISIONS

Patterns					
(Black Belts must perform a pattern relevant to their current grade)					
BLACK (3+)	BLACK (1 & 2)	RED	BLUE	GREEN	YELLOW
Sam-Il (3rd Dan)	Choong Moo (1 st Dan)	Toi Gye	Yul Gok	Do San	Chon Ji
Yoo Sin (3rd Dan)	Kwang Gae (1st Dan)	Hwa Rang	Joong Gun	Won Hyo	Dan Gun
Choi Young (3rd Dan)	Ge-Baek (1st Dan)				
Tong-Il (4th Dan)	Po-Eun (1st Dan)				
Ul-Ji (4th Dan)	Ko-Dang (2nd Dan)				
Se-Jong (4th Dan)	Choi Jang (2nd Dan)				
Yon-Ge (5th Dan)	Eui-Am (2nd Dan)				
Moon-Moo (5th Dan)					
So San (5th Dan)					

SPARRING DIVISIONS

Junior Sparring Divisions (Boys & Girls Separate Divisions)				
BLACK Continuous	RED Point Stop	BLUE Point Stop	GREEN Point Stop	YELLOW Point Stop
			TINY TOTS Up to & inc 122cm	TINY TOTS Up to & inc 122cm
PEE WEE Over 122cm up to & inc 137cm	PEE WEE Over 122cm up to & inc 137cm	PEE WEE Over 122cm up to & inc 137cm	PEE WEE Over 122cm up to & inc 137cm	PEE WEE Over 122cm up to & inc 137cm
LIGHTWEIGHT Over 137cm up to & inc 152cm	LIGHTWEIGHT Over 137cm up to & inc 152cm	LIGHTWEIGHT Over 137cm up to & inc 152cm	LIGHTWEIGHT Over 137cm up to & inc 152cm	LIGHTWEIGHT Over 137cm up to & inc 152cm
MIDDLEWEIGHT Over 152cm up to & inc 168cm	MIDDLEWEIGHT Over 152cm up to & inc 168cm	MIDDLEWEIGHT Over 152cm up to & inc 168cm	MIDDLEWEIGHT Over 152cm up to & inc 168cm	MIDDLEWEIGHT Over 152cm up to & inc 168cm
HEAVYWEIGHT Over 168cm	HEAVYWEIGHT Over 168cm	HEAVYWEIGHT Over 168cm	HEAVYWEIGHT Over 168cm	HEAVYWEIGHT Over 168cm

Cadet Female Sparring Divisions				
BLACK Continuous	RED & Continuous	BLUE Continuous	GREEN & Point Stop	YELLOW Point Stop
LIGHTWEIGHT Up to & inc 50kg	LIGHTWEIGHT Up to & inc 50kg		LIGHTWEIGHT Up to & inc 50kg	
MIDDLEWEIGHT Over 50kg up to & inc 55kg	MIDDLEWEIGHT Over 50kg up to & inc 55kg		MIDDLEWEIGHT Over 50kg up to & inc 55kg	
HEAVYWEIGHT Over 55kg	HEAVYWEIGHT Over 55kg		HEAVYWEIGHT Over 55kg	

Cadet Male Sparring Divisions				
BLACK Continuous	RED & Continuous	BLUE Continuous	GREEN & Point Stop	YELLOW Point Stop
LIGHTWEIGHT Up to & inc 55kg	LIGHTWEIGHT Up to & inc 55kg		LIGHTWEIGHT Up to & inc 55kg	
MIDDLEWEIGHT Over 55kg up to & inc 65kg	MIDDLEWEIGHT Over 55kg up to & inc 65kg		MIDDLEWEIGHT Over 55kg up to & inc 65kg	
LIGHT HEAVY Over 65kg up to & inc 75kg	LIGHT HEAVY Over 65kg up to & inc 75kg		LIGHT HEAVY Over 65kg up to & inc 75kg	
HEAVYWEIGHT Over 75kg	HEAVYWEIGHT Over 75kg		HEAVYWEIGHT Over 75kg	

Adult Female Sparring Divisions				
BLACK Continuous	RED Continuous	BLUE Continuous	GREEN Point Stop	YELLOW Point Stop
LIGHTWEIGHT Up to & inc 55kg	LIGHTWEIGHT Up to & inc 55kg	LIGHTWEIGHT Up to & inc 55kg	LIGHTWEIGHT Up to & inc 55kg	LIGHTWEIGHT Up to & inc 55kg
MIDDLEWEIGHT Over 55kg up to & inc 61kg	MIDDLEWEIGHT Over 55kg up to & inc 61kg	MIDDLEWEIGHT Over 55kg up to & inc 61kg	MIDDLEWEIGHT Over 55kg up to & inc 61kg	MIDDLEWEIGHT Over 55kg up to & inc 61kg
LIGHT HEAVY Over 61kg up to & inc 67kg	LIGHT HEAVY Over 61kg up to & inc 67kg	LIGHTHEAVY Over 61kg up to & inc 67kg	LIGHT HEAVY Over 61kg up to & inc 67kg	LIGHT HEAVY Over 61kg up to & inc 67kg
HEAVYWEIGHT Over 67kg	HEAVYWEIGHT Over 67kg	HEAVYWEIGHT Over 67kg	HEAVYWEIGHT Over 67kg	HEAVYWEIGHT Over 67kg

Adult Male Sparring Divisions				
BLACK Continuous	RED Continuous	BLUE Continuous	GREEN Point Stop	YELLOW Point Stop
FLYWEIGHT Up to & inc 58kg	LIGHTWEIGHT Up to & inc 64kg	LIGHTWEIGHT Up to & inc 64kg	LIGHTWEIGHT Up to & inc 64kg	LIGHTWEIGHT Up to & inc 64kg
LIGHTWEIGHT Over 58kg up to & inc 64kg	WELTERWEIGHT Over 64kg up to & inc 72kg	WELTERWEIGHT Over 64kg up to & inc 72kg	WELTERWEIGHT Over 64kg up to & inc 72kg	WELTERWEIGHT Over 64kg up to & inc 72kg
WELTERWEIGHT Over 64kg up to & inc 70kg	MIDDLEWEIGHT Over 72kg up to & inc 80kg	MIDDLEWEIGHT Over 72kg up to & inc 80kg	MIDDLEWEIGHT Over 72kg up to & inc 80kg	MIDDLEWEIGHT Over 72kg up to & inc 80kg
MIDDLEWEIGHT Over 70kg up to & inc 76kg	HEAVYWEIGHT Over 80kg	HEAVYWEIGHT Over 80kg	HEAVYWEIGHT Over 80kg	HEAVYWEIGHT Over 80kg
LIGHT HEAVY Over 76kg up to & inc 82kg				
HEAVYWEIGHT Over 82kg				

Executive Female Sparring Divisions				
BLACK Point Stop	RED & Point Stop	BLUE Point Stop	GREEN & Point Stop	YELLOW Point Stop
Light: Up to & inc 55kg	Light: Up to & inc 55kg		Light: Up to & inc 55kg	
Middle: Over 55kg up to & inc 62kg	Middle: Over 55kg up to & inc 62kg		Middle: Over 55kg up to & inc 62kg	
Heavy : Over 62kg	Heavy : Over 62kg		Heavy : Over 62kg	

Executive Male Sparring Divisions				
BLACK Continuous	RED & Continuous	BLUE Continuous	GREEN & Point Stop	YELLOW Point Stop
Light: Up to & inc 70kg	Light: Up to & inc 70kg		Light: Up to & inc 70kg	
Middle: Over 70kg up to & inc 80kg	Middle: Over 70kg up to & inc 80kg		Middle: Over 70kg up to & inc 80kg	
Heavy: Over 80kg	Heavy: Over 80kg		Heavy: Over 80kg	

DESTRUCTION (BLACK BELTS ONLY)

Destruction (Black Belts Only)			
MALE HAND	MALE FOOT	FEMALE HAND	FEMALE FOOT
Forefist Punch	Jumping Turning Kick	Any hand technique	Any foot technique