

PATTERNS

YELLOW STRIPE (9th KUP) ARE NOW ALLOWED IN COMPETITIONS. THEY ARE IN WITH YELLOW BELT (8TH KUP) AND GREEN STRIPE (7TH KUP). THEY ARE ALL IN ONE DIVISION CODED “YE” ON THE ENTRY FORM

**JUNIORS (UPTO AND INCLUDING 15 YEARS OLD) - BOYS & GIRLS SEPARATE DIVISIONS.
Please note : 9th kup to 5th Kup together/4th Kup to 1st Kup together/Black Belts separate.**

| | | |
|-----------------------|---|---------------------------------------|
| YELLOW STRIPE JUNIORS | - | Chon-ji Only |
| YELLOW BELT JUNIORS | - | Chon-ji or Dan gun |
| GREEN BELT JUNIORS | - | Do San or Won Hyo |
| BLUE BELT JUNIORS | - | Yul Gok or Joong Gun |
| RED BELTS JUNIORS | - | Toi-Gye or Hwa Rang |
| BLACK BELT JUNIORS | - | Any Pattern of grade – SEE LIST BELOW |

COLOURED BELT MEN

(16 YEARS OLD AND ABOVE – NO CADETS OR VETERANS IN THIS TOURNAMENT)

Please note : 9th kup to 5th Kup together/4th Kup to 1st Kup together.

| | | |
|-------------------|---|----------------------|
| YELLOW STRIPE MEN | - | Chon-ji Only |
| YELLOW BELT MEN | - | Chon-ji or Dan gun |
| GREEN BELT MEN | - | Do San or Won Hyo |
| BLUE BELT MEN | - | Yul Gok or Joong Gun |
| RED BELTS MEN | - | Toi-Gye or Hwa Rang |

COLOURED BELT LADIES

(16 YEARS OLD AND ABOVE – NO CADETS OR VETERANS IN THIS TOURNAMENT)

Please note : 9th kup to 5th Kup together/4th Kup to 1st Kup together.

| | | |
|----------------------|---|----------------------|
| YELLOW STRIPE LADIES | - | Chon-ji Only |
| YELLOW BELT LADIES | - | Chon-ji or Dan Gun |
| GREEN BELT LADIES | - | Do San or Won Hyo |
| BLUE BELT LADIES | - | Yul Gok or Joong Gun |
| RED BELTS LADIES | - | Toi-Gye or Hwa Rang |

BLACK BELT MEN – ALL DANS TOGETHER

(16 YEARS OLD AND ABOVE – NO CADETS OR VETERANS IN THIS TOURNAMENT)

Only pattern of grade – SEE LIST BELOW

BLACK BELT LADIES - ALL DANS TOGETHER

(16 YEARS OLD AND ABOVE – NO CADETS OR VETERANS IN THIS TOURNAMENT)

Only pattern of grade – SEE LIST BELOW

BLACK BELTS PATTERNS LIST

| | | |
|---------------------|---|---|
| 1 st DAN | - | CHOONG MOO / KWANG-GAE / PO-EUN / GE-BAEK . |
| 2 nd DAN | - | CHOONG JANG / KO-DANG / EUI-AM |
| 3 rd DAN | - | CHOI YONG / YOO-SIN / SAM-IL |
| 4 th DAN | - | TONG-IL / UL-JI / SE-JONG |
| 5 th DAN | - | YON-GE / MOON-MOO / SO SAN |

SPARRING

YELLOW STRIPE (9th KUP) ARE NOW ALLOWED IN COMPETITIONS. THEY ARE IN WITH YELLOW BELT (8TH KUP) AND GREEN STRIPE (7TH KUP). THEY ARE ALL IN ONE DIVISION CODED "YE" ON THE ENTRY FORM

Please note: 9th kup to 5th kup spar together, 4th kup to 1st kup spar together, black belts separate. ALL sparring is point stop.

JUNIORS (UPTO AND INCLUDING 15 YEARS OLD)

BOYS & GIRLS SEPARATE DIVISIONS

| | | |
|--------------|---|--------------------------|
| PEE WEE | - | Up to and including 4'6" |
| LIGHTWEIGHT | - | Up to and including 5' |
| MIDDLEWEIGHT | - | Up to and including 5'6" |
| HEAVYWEIGHT | - | Over 5'6" |

COLOURED BELT MEN

(16 YEARS OLD AND ABOVE – NO CADETS OR VETERANS IN THIS TOURNAMENT)

| | | |
|--------------|---|--|
| LIGHTWEIGHT | - | Up to and including 64kg |
| WELTERWEIGHT | - | Over 64kg and up to and including 72kg |
| MIDDLEWEIGHT | - | Over 72kg and up to and including 80kg |
| HEAVYWEIGHT | - | Over 80kg |

COLOURED BELT LADIES

(16 YEARS OLD AND ABOVE – NO CADETS OR VETERANS IN THIS TOURNAMENT)

| | | |
|--------------|---|--|
| LIGHTWEIGHT | - | Up to and including 56kg |
| MIDDLEWEIGHT | - | Over 56kg and up to and including 60kg |
| HEAVYWEIGHT | - | Over 60kg |

BLACK BELT MEN

(16 YEARS OLD AND ABOVE – NO CADETS OR VETERANS IN THIS TOURNAMENT)

| | | |
|--------------|---|--|
| LIGHTWEIGHT | - | Up to & including 67kg |
| MIDDLEWEIGHT | - | Over 67kg and up to and including 77kg |
| HEAVYWEIGHT | - | Over 77kg |

BLACK BELT LADIES

(16 YEARS OLD AND ABOVE – NO CADETS OR VETERANS IN THIS TOURNAMENT)

| | | |
|--------------|---|--|
| LIGHTWEIGHT | - | Up to and including 55kg |
| MIDDLEWEIGHT | - | Over 55kg and up to and including 60kg |
| HEAVYWEIGHT | - | Over 60kg |

BLACK BELTS:

DO NOT ENTER FLYWEIGHT, WELTERWEIGHT, OR LIGHT HEAVYWEIGHT ON THE ENTRY FORMS AS THERE ARE NO SUCH DIVISIONS FOR THESE CHAMPIONSHIPS.

DESTRUCTION – ADULT BLACK BELTS ONLY

| | | |
|--------------|---|-------------------------------|
| MALE HAND: | - | Reverse Knife Hand Strike. |
| MALE FOOT: | - | Jumping Reverse Turning kick. |
| FEMALE HAND: | - | Any Hand including Elbow. |
| FEMALE FOOT: | - | Any Kick. |

INFORMATION FOR TEAMS TO BE REGISTERED ON THE DAY
ALL TEAM SPARRING WILL BE TAG TEAM FORMAT
POINT STOP

3 Man Team

9th Kup to 5th Kup, any mix of belts, open weights.

4th Kup to black belt (inclusive), any mix of belts, open weights.

3 Woman Team

9th Kup to 5th Kup, any mix of belts, open weights.

4th Kup to black belt (inclusive), any mix of belts, open weights.

Boys – 3 in a team

9th Kup to 5th Kup, any mix of belts.

(Peewee/Lightweights together – Middle/Heavyweight together.)

4th Kup to black belt (inclusive), any mix of belts.

(Peewee/Lightweights together – Middle/Heavyweight together.)

Girls – 3 in a team

9th Kup to 5th Kup, any mix of belts.

(Peewee/Lightweights together – Middle/Heavyweight together.)

4th Kup to black belt (inclusive), any mix of belts.

(Peewee/Lightweights together – Middle/Heavyweight together.)

All teams can be made up on the day and paid for on registration at the tournament.