

SPARRING

Yellow Stripe (9th Kup) are now allowed in competitions. They are in with Yellow Belt (8th Kup) and Green Stripe (7th Kup). They are all in one division coded "YE" on the Entry Form.

JUNIORS

Upto & incl. 14 yrs

ALL POINT STOP ALL BELT COLOURS SEPERATE

Tiny Tots	Up to & incl. 4ft (yellow & green only)
Pee Wee	Up to & incl 4'6"
Lightweight	Up to & incl 5'
Middleweight	Up to & incl 5'6"
Heavyweight	Over 5'6"

CADET MALE

15 yrs & up to & including 17 yrs

Yellow/Greens together Point Stop.

Blue/Red together & black belts separate continuous

Lightweight	Up to & incl. 55kg
Middleweight	Up to & incl 65kg
Light Heavyweight	Up to & incl 75kg
Heavyweight	Over 75kg

CADET FEMALE

15 yrs & up to & incl. 17 yrs

Yellow/Green belts together Point Stop

Blue/red together & black separate continuous

Lightweight	Up to & incl 50kg
Middleweight	Up to & incl. 55kg
Heavyweight	Over 55kg
Yellow/Green together	Blue/Red together
Black belts separate	

COLOURED BELT MEN

Yellow/Green point stop. Blue/Red continuous

All belt colours separate divisions

Lightweight	Up to & incl 64kg
Welterweight	Over 64kg up to & incl 72kg
Middleweight	Over 72kg up to & inc 80kg
Heavyweight	Over 80kg

COLOURED BELT LADIES

Yellow/Green Point Stop. Blue/Red continuous

All belts separate.

Lightweight	Up to & incl 56kg
Middleweight	Over 56kg up to & incl 60kg
Heavyweight	Over 60kg

BLACK BELT MEN

Continuous Sparring

Flyweight	Up to & incl. 58kg
Lightweight	Over 58kg up to & incl. 64kg
Welterweight	Over 64kg up to & incl. 70kg
Middleweight	Over 70kg up to & incl. 76kg
Light Heavyweight	Over 76kg up to & incl. 82kg
Heavyweight	Over 82kg

BLACK BELT LADIES

Continuous Sparring

Lightweight	Up to & incl. 52kg
Middleweight	Over 52kg up to & incl. 57kg
Light Heavyweight	Over 57kg up to & incl 62kg
Heavyweight	Over 62kg

EXECUTIVE MEN

Point Stop sparring

Yellow & green belts together, Blue/Red belts together

Black belts separate.

<u>EXECUTIVE MEN</u>		<u>EXECUTIVE LADIES</u>	
Lightweight	-75kg	Lightweight	-60kg
Heavyweight	+ 75kg	Heavyweight	+ 60kg

EXECUTIVE LADIES

Point stop sparring

Yellow & green belts together. Blue/Red belts together

Black belts separate.

DESTRUCTION – BLACK BELTS ONLY

Male Hand: Fore fist Punch.

Male Foot: Standing reverse side kick

Female Hand any hand technique (no elbow)

Female Foot -any foot rear leg only (no stepping)

PATTERNS

Yellow Stripe (9th Kup) are now allowed in competitions. They are in with Yellow belt (8th Kup) and Green stripe (7th Kup). They are all in one division coded "YE" on the entry form.

JUNIORS

Up to & including 14 yrs old)

Boys & Girls Separate Divisions

Yellow Stripe. Yellow Belt/Green Stripe Together

CADETS

15 yrs up to & including 17 yrs)

Male & Female Separate Divisions.

Yellow Stripe. Yellow Belt/Green Stripe Green Belt & blue tag all together. Blue & red together.

Yellow Stripe	Chon Ji only
Yellow Belt	Chon Ji or Dan Gun
Green Belt	Do San or Won Hyo
Blue Belt	Yul Gok or Joong Gun
Red Belt	Toi Gye or Hwa Rang
Black Belt	Any pattern of grade (see list below)

Yellow Stripe	Chon Ji only
Yellow Belt	Chon Ji or Dan Gun
Green Belt	Do San or Won Hyo
Blue Belt	Yul Gok or Joong Gun
Red Belt	Toi Gye or Hwa Rang
Black Belt	Any pattern of grade (see list below)

COLOURED BELT MEN

Yellow Stripe	Chon Ji only
Yellow Belt	Chon Ji or Dan Gun
Green Belt	Do San or Won Hyo
Blue Belt	Yul Gok or Joong Gun
Red Belt	Toi Gye or Hwa Rang

COLOURED BELT LADIES

Yellow Stripe	Chon Ji only
Yellow Belt	Chon Ji or Dan Gun
Green Belt	Do San or Won Hyo
Blue Belt	Yul Gok or Joong Gun
Red Belt	Toi Gye or Hwa Rang

BLACK BELT MEN

1 st Dans	Any pattern of Grade See List Below
2 nd Dans & above	Any pattern of Grade See List Below

BLACK BELT LADIES

1 st Dans	Any patterns of Grade. See List Below
2 nd Dans & above	Any patterns of Grade. See list below

BLACK BELT PATTERNS LIST.

1 st Dan	Choong Moo/Kwang Gae/Po-Eun/Ge-Baek
2 nd Dan	Choong Jan/Ko-Dang/Eui-Am
3 rd Dan	Choi Yong/Yoo-Sin/Sam-Il
4 th Dan	Tong-Il/Ul-Ji/Se-Jong
5 th Dan	Yon-Ge/Moon-Moo/So San

BLACK BELT WEIGH IN: WILL BE STRICTLY BETWEEN 11 A.M. & 12 NOON. NOBODY WILL BE ALLOWED TO WEIGH IN AFTER THESE TIMES, AND YOU WILL FORFEIT YOUR ENTRY.

****** YOU MUST MAKE SURE YOUR COMPETITORS ARE IN THE RIGHT DIVISIONS, AS FAILURE TO DO SO WILL CAUSE PROBLEMS FOR YOUR STUDENT, YOURSELF, YOUR POCKET (I.E. A FINE FOR CHANGING DIVISION) AND THE TOURNAMENT ORGANISERS.**

NO SPECTATORS ARE ALLOWED ONTO THE COMPETITION AREA.

ALL COMPETITOR LICENCE NUMBERS MUST BE ON THE FORMS. THESE WILL BE CHECKED TO MAKE SURE THAT ALL STUDENTS ARE FULLY INSURED FOR THE EVENT.