

Mens: Individual Sparring. **All divisions Point Stop.**

White/Yellow & Green belts together in normal TAGB weights.

Blue/Red belts together in normal TAGB four weights.

Black belts: Four divisions: -65kg. -75kg. -82kg +82kg

Ladies: Individual Sparring. **All divisions Point Stop**

White/Yellow/Green belts together in normal TAGB weights.

Blue/Red belts together in normal TAGB three weights.

Black belts: four divisions: -53kg. -85kg. -63kg. +63kg

No Executives. No Cadets:

Junior Boys and Girls (separated) ** **No Tiny Tots Division.**

White/Yellow/Green together. Normal four height divisions.

Blue/Red together in normal four heights.

Black belts: Normal four heights.

All divisions for juniors will be Point Stop

INDIVIDUAL PATTERNS:

Male. Female. Junior Boys & Junior Girls (all separate divisions). All 5 belt colours separate.

Yellow Belts: Chon-Ji. Dan Gun. Do San

Green belts: Do-San. Won Yo. Or Yul Gok

Blue Belts: Yul gok. Joong Gun. Toi Gye

Red Belts: Toi-gye. Hwa Rang. Choong Moo

Black belts: Any black belt pattern.



TEAM EVENTS:

PATTERNS:

All 3 competitors must be the same belt colour –All yellow or all green etc. They must perform the same pattern in unison. The event is for juniors teams (boys and girls can be mixed) and seniors teams (male & female can be mixed).

Pattern Choices:

Yellow belts: Chon Ji. Dan Gun. Do San.

Green belts: Do-San. Won Yo or Yul Gok

Blue Belts: Yul Gok. Joong Gun. Toi Gye

Red Belts: Toi-gye. Hwa Rang. Choong Mo.

Black belts: Any black belt pattern.

** There will only be 1 first place award for this event**

TEAM SPARRING: (ALL POINT STOP TAG)

MALE: 3 person team: white/yellow/green. No weights.

3 person team: blue/red/black. No weights.

LADIES: 3 person team: white/yellow/green. No weights.

3 person team: blue/red/black. No weights.

Juniors: 3 person team: white/yellow/green. Heighted

3 person team: blue/red/black. Heighted.

*** ALL JUNIORS WILL BE SPLIT INTO THE 4 HEIGHT DIVISIONS. ALL 3 MEMBERS OF THE TEAM MUST BE THE SAME HEIGHT DIVISION. BOYS & GIRLS SEPARATE.



DESTRUCTION.

Male hand: Back fist strike.

Male foot: Turning kick

Female hand: Any hand technique including elbow.

Female foot: Any standing kick.