



# The 10th INTER-CLUB TAE KWON-DO CHAMPIONSHIPS 2010

SATURDAY 24<sup>TH</sup> JULY 2010

HEMEL HEMPSTEAD SPORTS CENTRE PARK RD,  
HEMEL HEMPSTEAD HP1 1JS

Dear Instructor

We shall be holding our Annual Inter-Club Tournament on Saturday 24<sup>th</sup> July 2010. You and your students are invited to take part. Events will include, individual traditional patterns and individual sparring. Team patterns and tag team sparring.

**TEAM EVENTS MUST BE ENTERED AND PAID FOR ON THE DAY.**

**ALL TEAMS WILL CONSIST OF 3 PERSONS.**

If you are only competing in the team event you will need a spectator ticket for the day.

As you know this tournament is only open to a select number of Instructors I appreciate your support and attendance on the day.

## **TICKETS:**

INDIVIDUAL ENTRY £10.00 per event      SPECTATOR £7.00

## TEAM ENTRIES:

MALE (3 IN A TEAM) £15.00

FEMALE (3 IN A TEAM) £15.00

JUNIORS (3 IN A TEAM) £15.00

**\*Please use the tournament entry form included in this information pack.\***

## OFFICIALS.

If you are available to officiate on the day, please send in your name and qualifications prior to the event.

## CLOSING DATE FOR ENTRIES.

Entries to be received by your instructor **STRICTLY** no later than **SATURDAY 10<sup>TH</sup> JULY 2009.**

## PAYMENTS.

ALL CHEQUES TO BE MADE OUT TO **A Wood**

## SCHEDULE OF EVENTS

ALL DIVISIONS TO ARRIVE AT 9:00AM

ALL SPARRING WILL BE POINT STOP.

COLOURED/SCHOOL DOBOKS AS WELL AS  
NORMAL T.A.G.B. DOBOKS WILL BE PERMITTED.

PLEASE USE THE ENTRY FORM INCLUDED IN THIS  
INFORMATION PACK

No entries accepted without a current TAGB licence number!

### **TICKETS:**

|                        |                                |
|------------------------|--------------------------------|
| Spectators:            | £7.00                          |
| Individual Competitors | £10.00 <b><u>per event</u></b> |
| 3 person team          | £15.00                         |

If you are competing only in a team, you will need a spectator ticket for the rest of the day.

**ALL TEAMS MUST BE ENTERED AND PAID FOR ON THE DAY ONLY.**

# PATTERNS

**Please note: 9<sup>th</sup> kup to 5<sup>th</sup> kup compete together,  
4<sup>th</sup> kup to 1<sup>st</sup> kup compete together,  
black belts separate.**

## **JUNIORS (UPTO AND INC 15 YRS OLD) - BOYS & GIRLS SEPARATE DIVISIONS.**

|                       |   |                                       |
|-----------------------|---|---------------------------------------|
| YELLOW STRIPE JUNIORS | - | Chon-ji Only                          |
| YELLOW BELT JUNIORS   | - | Chon-ji or Dan gun                    |
| GREEN BELT JUNIORS    | - | Do San or Won Hyo                     |
| BLUE BELT JUNIORS     | - | Yul gok or Joong Gun                  |
| RED BELTS JUNIORS     | - | Toi-Gye or Hwa Rang                   |
| BLACK BELT JUNIORS    | - | Any Pattern of grade – SEE LIST BELOW |

### **COLOURED BELT MEN**

**(16 YEARS OLD AND ABOVE – NO CADETS OR VETERANS IN THIS TOURNAMENT)**

|                   |   |                      |
|-------------------|---|----------------------|
| YELLOW STRIPE MEN | - | Chon-ji Only         |
| YELLOW BELT MEN   | - | Chon-ji or Dan gun   |
| GREEN BELT MEN    | - | Do San or Won Hyo    |
| BLUE BELT MEN     | - | Yul gok or Joong Gun |
| RED BELTS MEN     | - | Toi-Gye or Hwa Rang  |

### **COLOURED BELT LADIES**

**(16 YEARS OLD AND ABOVE – NO CADETS OR VETERANS IN THIS TOURNAMENT)**

|                      |   |                      |
|----------------------|---|----------------------|
| YELLOW STRIPE LADIES | - | Chon-ji Only         |
| YELLOW BELT LADIES   | - | Chon-ji or Dan Gun   |
| GREEN BELT LADIES    | - | Do San or Won Hyo    |
| BLUE BELT LADIES     | - | Yul gok or Joong Gun |
| RED BELTS LADIES     | - | Toi-Gye or Hwa Rang  |

### **BLACK BELT MEN – ALL DANS TOGETHER**

**(16 YEARS OLD AND ABOVE – NO CADETS OR VETERANS IN THIS TOURNAMENT)**

Only pattern of grade – SEE LIST BELOW

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**(16 YEARS OLD AND ABOVE – NO CADETS OR VETERANS IN THIS TOURNAMENT)**

Only pattern of grade – SEE LIST BELOW

### **BLACK BELTS PATTERNS LIST**

|                     |   |  |
|---------------------|---|--|
| 1 <sup>st</sup> DAN | - | CHOONG MOO / KWANGE-GAE / PO-EUN / GE-BAEK . |
| 2 <sup>nd</sup> DAN | - | CHOONG JANG / KO-DANG / EUI-AM               |
| 3 <sup>rd</sup> DAN | - | CHOI YOUNG / YOO-SIN / SAM-IL                |
| 4 <sup>th</sup> DAN | - | TONG-IL / UL-JI / SE-JONG                    |
| 5 <sup>th</sup> DAN | - | YON-GE / MOON-MOO / SO SAN                   |

## SPARRING

**Please note: 9<sup>th</sup> kup to 5<sup>th</sup> kup spar together, 4<sup>th</sup> kup to 1<sup>st</sup> kup spar together, black belts separate. ALL sparring is point stop.**

### JUNIORS (UPTO AND INCLUDING 15 YEARS OLD)

#### **BOYS & GIRLS SEPARATE DIVISIONS**

|              |   |                         |
|--------------|---|-------------------------|
| PEE WEE      | - | Upto and including 4'6" |
| LIGHTWEIGHT  | - | Upto and including 5'   |
| MIDDLEWEIGHT | - | Upto and including 5'6" |
| HEAVYWEIGHT  | - | Over 5'6"               |

### COLOURED BELT MEN

#### **(16 YEARS OLD AND ABOVE – NO CADETS OR VETERANS IN THIS TOURNAMENT)**

|              |   |                                       |
|--------------|---|---------------------------------------|
| LIGHTWEIGHT  | - | Upto and including 64kg               |
| WELTERWEIGHT | - | Over 64kg and upto and including 72kg |
| MIDDLEWEIGHT | - | Over 72kg and upto and including 80kg |
| HEAVYWEIGHT  | - | Over 80kg                             |

### COLOURED BELT LADIES

#### **(16 YEARS OLD AND ABOVE – NO CADETS OR VETERANS IN THIS TOURNAMENT)**

|              |   |                                       |
|--------------|---|---------------------------------------|
| LIGHTWEIGHT  | - | Upto and including 56kg               |
| MIDDLEWEIGHT | - | Over 56kg and upto and including 60kg |
| HEAVYWEIGHT  | - | Over 60kg                             |

### BLACK BELT MEN

#### **(16 YEARS OLD AND ABOVE – NO CADETS OR VETERANS IN THIS TOURNAMENT)**

|              |   |                                       |
|--------------|---|---------------------------------------|
| LIGHTWEIGHT  | - | Upto & including 67kg                 |
| MIDDLEWEIGHT | - | Over 67kg and upto and including 77kg |
| HEAVYWEIGHT  | - | Over 77kg                             |

### BLACK BELT LADIES

#### **(16 YEARS OLD AND ABOVE – NO CADETS OR VETERANS IN THIS TOURNAMENT)**

|              |   |                                       |
|--------------|---|---------------------------------------|
| LIGHTWEIGHT  | - | Upto and including 55kg               |
| MIDDLEWEIGHT | - | Over 55kg and upto and including 60kg |
| HEAVYWEIGHT  | - | Over 60kg                             |

### BLACK BELTS:

**DO NOT ENTER FLYWEIGHT, WELTERWEIGHT, OR LIGHT HEAVYWEIGHT ON THE ENTRY FORMS AS THERE ARE NO SUCH DIVISIONS FOR THESE CHAMPIONSHIPS.**

## DESTRUCTION

**(ADULT BLACK BELTS ONLY)**

**MALE AND FEMALE IN SEPARATE DIVISIONS.**

**ANY HAND OR FOOT TECHNIQUE**

**COMPETITORS MAY ENTER HAND AND FOOT IF THEY WISH, BUT MUST PAY FOR EACH DIVISION**

# INFORMATION FOR TEAMS TO BE REGISTERED ON THE DAY

## TAG TEAM SPARRING

All Team matches are point stop. Bouts will be of 3 minute duration. Anytime the bout is stopped by the referee, the current fighter can change with a member of his/her team by tagging a team members glove. All 3 members of the team must fight at some stage during the bout.

### 3 Man Team

9<sup>th</sup> Kup to 5<sup>th</sup> Kup, any mix of belts, open weights.

4<sup>th</sup> Kup to black belt (inclusive), any mix of belts, open weights.

### 3 Woman Team

9<sup>th</sup> Kup to 5<sup>th</sup> Kup, any mix of belts, open weights.

4<sup>th</sup> Kup to black belt (inclusive), open weights.

### Boys – 3 in a team

9<sup>th</sup> Kup to 5<sup>th</sup> Kup, any mix of belts, all same height division (ie, all peewee, all light etc.)

4<sup>th</sup> Kup to black belt (inc), any mix of belts, all same heights (ie, all peewee, all light etc.)

### Girls – 3 in a team

9<sup>th</sup> Kup to 5<sup>th</sup> Kup, any mix of belt, all same height division (ie, all peewee, all light etc.)

4<sup>th</sup> Kup to black belt (inc), any mix of belts, all same heights (ie, all peewee, all light etc.)

## TEAM PATTERNS

### **SENIORS AND JUNIORS WILL COMPETE SEPERATELY**

Teams can be mixed i.e. boys and girls together or men and ladies together

All must perform the same pattern in unison from the list below

All must perform the pattern of the lowest grade in the team

White belts and Yellow belts together. *Chon Ji, Dan Gun, Do San*

Green belts and Blue belts together *Do San, Wo Yo, Yul Gok, Joong Gun, Toi Gye*

Red belts and Black belts together *Toi Gye, Hwa Rang, Choong Moo*

### INSTRUCTORS PLEASE NOTE

IT IS YOUR RESPONSIBILITY TO INFORM THE PARENTS AND THE STUDENTS OF HOW A TOURNAMENT OPERATES.

E.G.

HOW COMPETITORS ARE CALLED TO THE COMPETITION AREA

SPECTATORS ARE **NOT** ALLOWED ON THE COMPETITION AREA

PARENTS ARE **NOT** ALLOWED ON THE COMPETITION AREA

THEY MAY HAVE TO FIGHT SOMEBODY TALLER OR HEAVIER

THEY MAY BE THE ONLY FIGHTER IN THE DIVISION AND WILL WIN BY DEFAULT (NO FIGHT)

THEY MAY HAVE TO WAIT A LONG TIME TO FIGHT

ARGUING OR BAD BEHAVIOUR BY SPECTATORS OR COMPETITORS WILL RESULT IN THEM BEING ESCORTED OUT OF THE BUILDING.

ETC ETC

**All teams can be made up on the day and paid for on registration at the tournament.**